



Department of Veterans Affairs Medical Center
University and Woodland Avenues
Philadelphia, Pennsylvania 19104

CHALLENGES IN THE MANAGEMENT
OF CHRONIC PAIN:
PATIENTS WITH PSYCHIATRIC
COMORBIDITIES AND ADDICTIONS

Friday, April 19, 2002

8:30 am - 4:30 pm

CHALLENGES IN THE
MANAGEMENT OF CHRONIC
PAIN:
PATIENTS WITH PSYCHIATRIC
COMORBIDITIES AND
ADDICTIONS

Friday, April 19, 2002

Registration 7:30 am
Conference 8:30 am - 4:30 pm
Reception 4:30 - 5:30 pm

Sheraton University City Hotel
36th and Chestnut Streets, Philadelphia, PA

Presented by The VISN 4 Mental Illness Research Education and
Clinical Center (MIRECC),
The Philadelphia VA Medical Center,
The VA Employee Education System,
The VA Maryland Health Care System, Perry Point Division
(VAMHCS),
and The Chesapeake Health Education Program, Inc. (CHEP).

Overview

This is the second in a series of conferences designed to educate professionals involved in the care and management of people in pain. This year the focus is on the complex issue of pain in the individual with psychiatric comorbidity and chemical dependency. The major goal of the conference is to bring together professionals in the fields of behavioral health and general medicine and to promote the value of a team approach to the treatment of this challenging population.

Educational Objectives

After successfully completing this program, participants will be able to:

- 1) Identify new developments in pain research that influence treatment.
- 2) Recognize the need for the integration of treatment by professionals from behavioral health and general medicine.
- 3) Describe an interdisciplinary team approach to the management of chronic pain.
- 4) Recognize the need for psychosocial, rehabilitative, and/or invasive approaches to the management of pain.
- 5) Define the prevalence and scope of complementary and alternative medicine and its role in pain management.
- 6) Identify pharmacological and non-pharmacological approaches to treatment and existing barriers to effective treatment.
- 7) Recognize warning signs that addiction is present.
- 8) List methods to promote safe prescribing of opioids to a patient with a history of addiction.
- 9) Identify the key elements of documentation for opioid prescribing required by the DEA.
- 10) Describe the essential elements to include in a discussion with a patient/ family member on medical futility.

Target Audience

This conference is designed for physicians, psychiatrists, psychologists, social workers, and nurses working in the fields of behavioral health and general medicine in public and private settings.

Disclosure

In accordance with the Accreditation Council for Continuing Education; medical education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials to be distributed at the time of the conference.

Support

Commercial support in the form of unrestricted educational grants were received for VISN 4 MIRECC educational programs. The Planning Committee would like to acknowledge the support of the following:

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| Forest Pharmaceuticals, Inc | Purdue Pharma L.P. |
| Janssen Pharmaceutica | Vitas Healthcare Corporation of |
| Eli Lilly and Company | Pennsylvania |
| Merck & Co, Inc. | Wissahickon Hospice and Penn Home |
| Ortho-McNeil Pharmaceutical, Inc. | Infusion Therapy |
| Pfizer, Inc. | |

Faculty			Agenda		
Isabelle Arndt, MD, Ph.D. Philadelphia VA Medical Center		Howard Heit, MD Georgetown University	7:30 - 8:30	Registration and Continental Breakfast	
Ira Cantor, MD Thomas Jefferson University Hospital		Ira Katz, MD, Ph.D. Philadelphia VA Medical Center	8:30 - 8:45	Welcome and Introductions	Lawrence A. Biro Ira Katz, MD, Ph.D.
Joseph Casagrande, Ph.D. Wilkes-Barre VA Medical Center		Mimi Mahon, CRNP, Ph.D. University of Pennsylvania	8:45 - 9:35	State of the Art and Science of Pain: Relevant Research for the Clinician	Rollin Gallagher, MD, MPH
Mitchell Cohen, MD Jefferson Medical College		Charles O'Brien, MD, Ph.D. Philadelphia VA Medical Center	9:35 - 10:25	Management of Pain in Patients with Psychiatric Comorbidity	Mitchell Cohen, MD
Bonnie Fairchild, CRNP Wilmington VA Medical Center		Sally Pullman- Mooar, MD Philadelphia VA Medical Center	10:25 - 10:45	Questions for Drs. Gallagher and Cohen	Rollin Gallagher, MD, MPH Mitchell Cohen, MD
Mitchell Freedman, DO Thomas Jefferson University Hospital		Michael Robbins, DO Yale University and VA Connecticut Healthcare	10:45 - 11:00	Break and move to concurrent sessions rooms	
Rollin Gallagher, MD, MPH MCP-Hahnemann School of Medicine and Graduate Hospital		Nancy Wiedemer, CRNP Philadelphia VA Medical Center	11:00 - 12:00	Concurrent Sessions #1: Interdisciplinary Pain Management 1) A Rehabilitation Approach 2) An Interventional Approach 3) Integrating Complementary Therapies into the Treatment Plan	Mitchell Freedman, DO Michael Robbins, DO Ira Cantor, MD
			12:00 - 1:00	Lunch	
			1:00 - 2:00	Addiction: What Is It and What Are Its Implications Regarding the Treatment of Pain Patients?	Howard Heit, MD
			2:00 - 2:10	Break and move to concurrent sessions rooms	
			2:10 - 3:10	Concurrent Sessions #2: Conceptualizing Treatment for the Difficult Patient ** Please come prepared with examples of challenging cases **	
				1) Section 1	Howard Heit, MD Charles O'Brien, MD, Ph.D. Moderator: Bonnie Fairchild, CRNP
				2) Section 2	Mitchell Cohen, MD Isabelle Arndt, MD, Ph.D. Moderator: Joseph Casagrande, Ph.D.
				3) Section 3	Rollin Gallagher, MD, MPH Sally Pullman-Mooar, MD Moderator: Nancy Wiedemer, CRNP
			3:10 - 3:30	Break and move to plenary session room	
			3:30 - 4:20	What To Do When All Else Fails: Legal & Ethical Perspectives on Case Failures	Mitchell Cohen, MD Mimi Mahon, CRNP, Ph.D.
			4:20 - 4:30	Conclusion and Evaluations	
			4:30 - 5:30	Reception to honor Nancy Wiedemer, CRNP	

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the VA Employee Education System (EES) and Chesapeake Health Education Program, Inc. (CHEP). EES is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The VA EES designates this activity for a maximum of 6 hours in Category 1 credit towards the American Medical Association Physician's Recognition Awards. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Psychologists: The VA Maryland Health Care System (VAMHCS), Perry Point Division, is approved by the American Psychological Association to offer continuing education for psychologists. As an organization approved by the American Psychological Association, the VAMHCS is offering this activity for 6 hours of continuing education credit. The VAMHCS maintains responsibility for the program. A certificate of attendance will be awarded to participants and accreditation records will be on file at the VAMHCS. In order to receive CE credit, participants must attend 100% of the program and complete an evaluation form.

Nurses: The VA Maryland Health Care System (VAMHCS), Perry Point Division, in collaboration with CHEP, Inc., is an accredited provider of Continuing Education in Nursing by the American Nurses Credentialing Center's Commission on Accreditation and provides contact hours for nurses. The VAMHCS designates this educational activity for 7.2 contact hours as determined by the ANCC.

Social Workers: The VISN 4 MIRECC has applied for 6 credit hours from the Pennsylvania Board of Social Work Examiners.

Registration Information
Fee: \$10 for VA employees \$50 for non-VA employees
• Registration fee includes all conference materials, continental breakfast, lunch, breaks, and reception.
• Participants are encouraged to pre-register as space is limited and course materials are not guaranteed for walk-in registrations.
• Confirmation of registration will be e-mailed (if address provided below) or mailed to all participants.
To register by mail: Mail completed registration form WITH payment to CHEP (11E), Attn: Pain Management Conference, VA Medical Center, Perry Point, MD 21902
To register by fax: If paying by credit card, fax completed registration to 410-642-1090, Attn: Pain Management Conference. Do not mail form if previously faxed.

REGISTRATION FORM	
Challenges in the Management of Chronic Pain: Patients with Psychiatric Comorbidities and Addictions - April 19, 2002	
Fee:	\$10 for VA Employees \$50 for Non-VA Employees
Name	Occupation
Employer	SSN
Home Address	
	City/State/Zip
Phone #	E-MAIL address
Special Accommodations	
<input type="checkbox"/> Vegetarian <input type="checkbox"/> Other	
Concurrent Sessions	
Concurrent Sessions #1: 1 ____ 2 ____ 3 ____ (indicate your 1st and 2nd choices)	
Concurrent Sessions #2: 1 ____ 2 ____ 3 ____ (indicate your 1st and 2nd choices)	
Method of Payment	
<input type="checkbox"/> Cash <input type="checkbox"/> Check/PO (made payable to CHEP) Tax ID # 52-1711309	
<input type="checkbox"/> Charge: AmEx, MC, VISA (circle one) Card #	
Exp. Date Signature	
• Payment MUST accompany registration form. • For questions, call 410-642-1857	